

Saratoga Senior Center  
5 Williams Street  
Saratoga Springs, NY 12866

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Permit No. 120



(518) 584-1621

saratogaseniorcenter.org

March 2018

Hours: M-F, 8-4

Tuesdays: 8-6:30

5 Williams Street, Saratoga Springs, NY

## NEW THIS MONTH

**Opioid Overdose Training**  
Provided by the NYS Office of Alcoholism and Substance Abuse Services (OASAS)  
Mon. March 5th, Sessions from 1-3pm and 4-5pm  
Free and Open to the Public, Please Sign-Up in Advance

This free training, put on by the NYS OASAS, is designed to inform the public about the dangers of opioid overdoses and how to avoid and even reverse them. The training will provide attendees with naloxone, an opioid antagonist, that when administered properly can reverse the effects of an opioid overdose. For more information on the training, please reach out to the Center or visit the NYS OASAS website at [www.oasas.ny.gov](http://www.oasas.ny.gov).

**Housing Expo**  
Fri. March 9th, 1-3pm  
Free & Open to the Public

An event filled with valuable information on senior housing, assisted living, and agencies to help you age in place. Many local organizations will be in attendance, including Home of the Good Shepard, The Wesley Community, Organize Senior Moves, Home Instead, Rebuilding Saratoga, The Summit at Saratoga, Centers Healthcare, Office For the Aging, City of Saratoga: Community Development Office, The Assessment Office-STAR Program, and more!

## SKIDMORE STUDENTS ARE BACK

**Memoirs Through All Mediums Workshop (6 Weeks)**  
Tuesdays Starting March 20th, Free

Join Alyssa for an exciting new workshop where you can use writing to share your stories and memories while Alyssa matches them to various media forms, such as dance, visual art, and music.

**Chit Chat with Bree**  
Mondays from 1-2pm

Come join us after lunch to chit chat! This new group will meet every Monday for an hour, chit chatting about a new topic every week. Snacks and good laughs will be provided so be sure to check it out!

**Dance with Iana**  
Wednesdays & Fridays, 2:30-3:30pm

**Wednesdays: Traditional Cultural Dances:** Come learn a new style of dance every week! You'll have fun learning the basics of a cultural dance style, ranging from Hawaiian Hula to traditional Chinese dance. **\*Wednesday 3/14 @ Embury**  
**Fridays: Slow Dance Stretch:** This class will help you increase your flexibility and range of motion. You'll learn ways to stretch your legs, hips, arms, shoulders, and back through dance and connect your breath with movement.

## COMING IN APRIL....

**Have you renewed your membership yet? It's not too late!**

Stop by the Center or call the front desk at (518) 584-1621 to sign back up and start enjoying all the exciting classes and activities we have to offer!

**Try Aerobics for Free!**  
Tuesdays & Thursdays  
11:30am-12:15pm

For the month of April, be sure and check out Aerobics with Valerie as the classes will be FREE for the month! Free classes will be on the following dates: 4/3, 4/5, 4/10, and 4/12.

### Springtime Offerings

More exciting activities are headed your way this April! We'll be offering:

- Karaoke
- Square Dancing or Contra Dancing
- Golf
- Biking

Be sure to keep an eye on the next newsletter for dates and further details.

## GET YOUR IRISH ON!

### \*SATURDAY SPECIAL\*

**Start Your St. Patty's Day at the Center!**  
Sat. March 17th

**\$2/Members, \$5/Non-Members**

**10:30-11:30am: Brunch, \$5**

**12-12:45pm: Irish Step Dancers**

Come enjoy a show from the talented Wild Irish Acres Dancers. Light refreshments offered.

Irish Music Sponsored by  
Janney Montgomery Scott, LLC  
Thurs. Mar. 22nd, 1-3pm

**\$2/Members, \$5/Non-Members**

Join Tim O'Shea & Friends for quality music, entertaining stories, and banter! Light refreshments offered.



### March To-Go Dinner Menu

Let's bring in spring with a delicious new selection of to-go dinners, provided by Three Vines Bistro, for the month of March! Remember, a portion of every dinner sold goes directly to supporting the Saratoga Senior Center. Cost is \$12.50/dinner. Pick-up is between 5-6:30pm, valet pick-up is also available. Orders are due by Tuesdays at 12pm, no limit on orders. Bulk delivery may be available to senior housing sites and businesses.

**3/6: Chicken Marsala w/ Potato & Vegetable**

**3/13: Chicken Parm w/ Penne**

**3/20: Sausage & Eggplant w/ Oil & Garlic Penne Pasta**

**3/27: Eggplant Parm w/ Penne**



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# “SOUP”ER SOCIAL FRIDAYS

Come to the cafe at the Center! We'll be offering soup, pizza, hot dogs, snacks, and more. You'll also enjoy a fun social activity every week. Good food, mingling and friends, and fun activities to start your weekend off right!

\*Soup and cafe menu open 12:30-2pm. Please sign-up in advance. Sponsored by Centers Health Care



## Mar. 2nd: NABA Presentation: Aging Successfully with Aging Vision (Free & Open to the Public)

**1pm:** An engaging presentation to discuss the leading causes of vision loss in adults, warning signs, eye care, adaptive aids, and more. A “Low Vision Shop” will also be available, offering a variety of basic low vision aids. Added bonus! Clive the NABA Guide Dog Ambassador will be joining to offer a side of puppy love with the presentation.

## Mar. 9th: Housing Expo (Free & Open to the Public)

**1-3pm:** Check out the full details on the front cover!

## Mar. 16th: Think Spring & Network, & Brain Gym Study Group

**1-2:00pm: Think Spring & Network, Free** - Come out and make some new friends to join you in your spring activities! Meet a new walking buddy, a golf partner, or maybe a new biking sidekick or geocaching pal.

**2:30-3:30pm: Brain Gym, Free** (Sponsored by Saratoga Springs Public Library)- Exercise your mind with new activities!

## Mar. 23rd: Flamenco Vivo with Carlota Santana (Open to the Public)

**\$2/Members, \$5/Non-Members**

**1-2pm:** Join us for an exciting performance/workshop with Flamenco dancing! Sign-ups required.

## MONTHLY FEATURES

### Informal/Gentle Massages with Sam

**Every Monday from 10am-12pm**

**Members Only**

Enjoy a free, informal massage every Monday at the Center! Sessions are 15 minutes long and sign-ups are required. Donations support the Center.

### MVP Zumba is back on Mondays!

**Mon. 9:30-10:15am**

MVP Zumba is back and running through 5/14. Make sure to sign-up!

### Reminiscing w/ Special Guest Diane Whitten

**Wed. March 7th, 10-11am**

**Open to All Members**

Diane Whitten, of Cornell Cooperative, will be offering a presentation on “Eating For a Healthy Brain.”

### Reiki

**Fri. March 9th, 1:30-3:45pm**

**Members Only, \$2/Session**

Sign-ups are required so be sure to stop by the front desk.

### National Museum of Racing Presentation

**Fri. March 23rd, 10-11am**

**\$2/Members, \$5/Non-Members, Open to the Public**

Join education curator, Karen Wheaton, as she presents on “Foal Patrol,” a one of a kind collection of live web cameras that allow people to view real-time streams of in-foal mares during their pregnancy through the actual foaling.

## REOCCURRING EVENTS

### Game Days

**Mondays & Wednesdays, 1-3pm**

We got a new ping-pong table! Come join us for pool and ping-pong every Monday and Wednesday afternoon. Free for all members.

### Tarot Card Readings

**Thurs. March 29th- 9-11am (\$5 suggested donation)**

Get your fortune read by the amazing Mary Shimp!

### Join Our Book Club

**Tuesday March 27th - 3pm**

“Gilded Years” by Karin Tanabe

### Lunch from Office For the Aging

**Served Daily in our Dining Room**

For menu information, please call Janet at (518) 584-1621 ext. 205 or (518) 884-4100 or visit

[www.saratogacountyny.gov](http://www.saratogacountyny.gov).

## SARATOGA SENIOR CENTER PROGRAMMING @ EMBURY

### Free For Members

**Every Wednesday : Reminiscing II Group @ 2pm**

**Wednesday March 14th: Traditional Cultural Dance w/ Iana**

**Wednesday March 21st: Rock Painting @ 3pm**



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**DO YOU HAVE LOW VISION?**

Do you have difficulty reading the newspaper, watching TV, setting appliance dials, preparing meals, telling time, identifying money or writing checks?

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Contact NABA for:

- \* low vision exam & magnifiers
- \* talking clocks & vision aids
- \* large print calendars & items
- \* vision rehabilitation services for independent living

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Northeastern Association of the Blind at Albany

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## WEEKLY ACTIVITIES

Sign-Ups in advance are strongly encouraged.

\*\*Prices listed are per month.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>8:30-9:30:</b> Osteo 3 <b>9:30-12:</b> Walking Club 9:30-10:15: Zumba <b>9:30-11:30:</b> Ceramics & Sculpture (\$20) <b>10-11:</b> Osteo <b>10-12:</b> Massage <b>11-12:30:</b> Gentle/Chair Yoga (\$10) <b>11:00-11:45:</b> Bridge Lessons (Beginner-Intermediate) <b>12:30-4:</b> Bridge <b>12:30-2:30:</b> Painting & Drawing (\$10) <b>1-4:</b> Canasta, Mahjong 1-2: Chit Chat <b>1-3:</b> Pool League <b>1-3:</b> Ping Pong	<b>9-12:</b> Watercolor <b>9-9:45:</b> Tai Chi (\$10) <b>10-11:15:</b> Gentle Yoga (\$10) <b>11:30-12:15:</b> Aerobics (\$10) <b>1-2:30:</b> Soapstone Carving (\$10/\$25) <b>1:30-2:15:</b> Pilates (\$10) <b>2-4:</b> Computer Assistance <b>4-5:</b> Line Dancing (\$10/Member, \$20/Non-Member) <b>5:30-7:30:</b> Ceramics & Sculpture (\$20) <b>5:30-7:30:</b> Soapstone Carving (\$10/\$25)	<b>8:30-9:15:</b> Guided Meditation w/ Janet (\$4) <b>9:30-2:</b> Rug Hooking (\$5) <b>10:</b> Reminiscing <b>10:</b> Fused Glass (\$10/class, see below) <b>10:</b> Ukulele Jam <b>10-12:</b> Knit & Crochet <b>11:10:</b> ZUMBA Gold (\$2) <b>12:30-2:</b> Bingo <b>12:30-2:30:</b> Wii Bowling <b>1:00:</b> Strength w/Aidan (\$2) <b>1:00:</b> Rummy Cube 1-3: Pool & Ping Pong <b>1-4:</b> Stained Glass (\$20) <b>2:30-3:30:</b> Dance (\$2) <b>3-4:</b> Computer Assistance	<b>8:30-9:30:</b> Osteo 3 <b>9-11:</b> Tarot Card Readings (Last Thursday) <b>9-12:</b> Mosaics (\$20) <b>10-11:</b> Osteo <b>10:30-12:</b> Alzheimer's Caregivers Support Group (3rd Thursday) <b>11:30-12:15:</b> Aerobics (\$10) <b>12:30-4:</b> Canasta, Rummy, Mahjong, Pinochle <b>1:</b> Movies (twice a month) <b>1:30:</b> Conscious Aging (2nd & 4th Thursday) <b>2-4:</b> Computer Assistance <b>2:30-4:</b> Writer's Workshop	<b>9:45-10:55:</b> Go with the Flow Yoga (\$10) <b>10-12:</b> Ceramics & Sculpture \$20 <b>10-12:</b> Poker <b>12-4:</b> Ceramics & Soapstone Carving Lab <b>12:30-1:15:</b> Swinging Singing Seniors <b>12:30:</b> "Soup"er Social Fridays (Please see the previous schedule in the newsletter for full details) <b>2:30-3:30:</b> Dance (\$2)

## MARCH HAPPENINGS


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <b>Legal Assistance</b> <b>Thurs. Mar. 1st, 1:30pm</b> Call Office For the Aging at 884-4100 for an appointment.		<b>St. Patty's Day Fun</b> <b>Saturday Mar. 17th</b> <b>10:30am: Brunch, \$5</b> <b>12pm: Irish Step Dancers</b> 	<b>1</b> <b>9am</b> Trip & Dinner Sign-Up <b>11:45am</b> Golden Gals <b>1:30pm</b> Legal Assistance	<b>2</b> <b>12:30pm:</b> Soup & Cafe <b>1pm:</b> NABA Presentation <b>2:30pm:</b> Slow Dance Stretch
<b>5</b> <b>10am-12pm:</b> Massage <b>1pm:</b> Opioid OD Training <b>1pm:</b> Chit Chat <b>4pm:</b> Opioid OD Training	<b>6</b> <b>4-5pm:</b> Line Dancing	<b>7</b> <b>10am:</b> Ukulele Jam <b>10am:</b> Fused Glass <b>10-11am</b> Reminiscing <b>2pm:</b> Reminiscing @ Embury <b>2:30pm:</b> Trad. Cultural Dances	<b>8</b> <b>1:30pm:</b> Conscious Aging <b>1pm:</b> Movie	<b>9</b> <b>12:30pm:</b> Soup & Cafe <b>1pm:</b> Housing Expo <b>1:30pm:</b> Reiki <b>2:30pm:</b> Slow Dance Stretch
<b>12</b> <b>10am-12pm:</b> Health Screening & Ask a Pharmacist <b>10am-12pm:</b> Massage <b>1pm:</b> Chit Chat	<b>13</b> <b>4-5pm:</b> Line Dancing	<b>14</b> <b>10am:</b> Ukulele Jam <b>10-11am:</b> Reminiscing <b>2pm:</b> Reminiscing @ Embury <b>2:30pm:</b> Trad. Cultural Dances	<b>15</b> <b>10:30am-12pm</b> Alzheimer's Caregiver Support Group	<b>16</b> <b>12:30pm:</b> Soup & Cafe <b>1pm:</b> Speed Friending <b>2:30pm:</b> Brain Gym <b>2:30pm:</b> Slow Dance Stretch
<b>19</b> <b>10am-12pm:</b> Massage <b>1pm:</b> Chit Chat <b>5:30pm:</b> Diamond Club Grill Dinner	<b>20</b> <b>2:30pm:</b> Memoirs Workshop <b>4-5pm:</b> Line Dancing	<b>21</b> <b>10am:</b> Ukulele Jam <b>10am:</b> Fused Glass <b>10am:</b> CDPHP Workshop <b>10am:</b> Reminiscing w/ Guest <b>2pm:</b> Reminiscing @ Embury <b>2:30pm:</b> Trad. Cultural Dances <b>3pm:</b> Rock Painting at Embury	<b>22</b> <b>1pm:</b> Irish Music <b>1:30pm:</b> Conscious Aging	<b>23</b> <b>10am:</b> Racing Museum Presentation <b>1pm:</b> Flamenco Vivo <b>12:30pm:</b> Soup & Cafe <b>2:30pm:</b> Slow Dance Stretch
<b>26</b> <b>10am-12pm:</b> Massage <b>1pm:</b> Chit Chat <b>5:30pm:</b> Chef Ed Kelley Dinner	<b>27</b> <b>2:30pm:</b> Memoirs Workshop <b>3pm</b> Book Club <b>4-5pm:</b> Line Dancing	<b>28</b> <b>10am:</b> Ukulele Jam <b>10-11am:</b> Reminiscing <b>2pm:</b> Reminiscing @ Embury <b>2:30pm:</b> Trad. Cultural Dances	<b>29</b> <b>9-11am</b> Tarot Card Readings <b>1pm:</b> Movie	<b>30</b>

## MONTHLY DINNERS AT THE CENTER

Sign up for March dinners on Thursday March 1st at 9am.

Each month a different local restaurant and chef brings their specialties and delicacies to the Center. For just \$12 per dinner, you can try out each restaurant and meet new friends. We can't wait to see you there! BYOB!

**DIAMOND CLUB GRILL AT EMBASSY SUITES**  
**SPONSORED BY HERZOG LAW FIRM**  
**Mon. March 19th, 5:30pm**  
**\$12/person**  
 Pot Roast & Gravy  
 Yukon Mashed Potatoes  
 Buttered Baby Carrots  
 NY Style Cheesecake



### CHEF ED KELLEY'S FAMOUS BAKED COD

**Mon. March 26th, 5:30pm**  
**\$12/person**



### CDPHP Wellness Workshop Series: What's The Fuss About Fiber?

**Wed. March 21st, 10-11am (Next Workshop on 4/25)**

**Free & Open to the Public**

Come join us for an informational workshop on food and nutrition, led by nutrition expert Dr. Nina Marinello. She'll be discussing the incredible health benefits of fiber and how easy it is to choose rich sources of this powerful food component. Different types of fiber will be discussed along with a demonstration to emphasize fiber's role in the body.

### March Movie Madness!

**March 15th & 29th, 1pm \*NEW TIME**

**\$3/Members, \$5/Non-Members (Popcorn is included!)**

**3/15:** LaLa Land starring Emma Stone & Ryan Gosling

**3/29:** Wonder starring Julia Roberts, Owen Wilson, & Jason Tremblay

### Health Screening & Ask a Pharmacist

**Monday March 12th, 10am-12pm**

**Free and Open to the Public, Sign-Up in Advance**

Saratoga County Public Health will be here to offer blood pressure, glucose, and cholesterol checks. There will also be a presentation on Taking Your Own Blood Pressure. "Ask a Pharmacist" - Jennifer Symon will be here to answer any questions you may have regarding your medications. Be sure to sign-up and take care of your personal health & safety!

### 10 Early Signs of Alzheimer's (Sponsored by the Alzheimer's Association)

**Monday March 26th, 1pm (Additional Date: April 30th)**

**Free and Open to the Public, Sign-Up in Advance**

Early detection matters. The warning signs of Alzheimer's disease are often dismissed as inevitable parts of normal aging. Attend this interactive workshop to learn the 10 warning signs of Alzheimer's, where we separate myth from reality and address commonly held fears about Alzheimer's and dementia.

## SENIOR SUPPORT SERVICES

Please Call Jane at (518) 584-1621 ext. 206 for more information.

### Community Connections

Do you need help with transportation, respite, home visits, etc? Please call number above for assistance.

### \*We also need volunteers for this program.\*

Do you have an hour to assist with visiting, transportation, shopping, and more? Please contact the number above for assistance.

### Alzheimer's Caregiver Support Group

**10:30am-12pm, 3rd Thursday of every month** The group is free and open to the public. Sponsored by Home Helpers and the Goldberg Foundation.

### Groups

**Reminiscing: Wednesdays from 10-11am**

**Reminiscing II: Wednesdays at 1pm @ Embury**

**Free and open to the public**

Come meet a new friend, enjoy a cup of coffee and talk about the good ole' days!

**Mondays from 1-2pm:** Chit Chat w/ Bree

See the front cover for more details!

## 2018 VAN TRIPS (Money Due at Sign-Up)

## \*SCHOLARSHIPS AVAILABLE

### Golden Gals at Skidmore: Thursday March 1st

Our fun group of golden gals will be off for their monthly lunch at Skidmore College. Cost is \$2. Please bring additional money for lunch.

### Silver Foxes at Skidmore: Thursday March 8th

The men's lunch group is back on this month and ready to head to the Skidmore Dining Hall for lunch. Cost is \$2. Please bring additional money for lunch.

### University at Albany Art Museum: Tuesday March 13th

Come see another segment of "This Place," the exhibit we saw at the Tang Museum last month, along with the University at Albany's art collections. Following the tour, we will be stopping at Ralph's Tavern for lunch. Cost is \$10. Please bring additional money for lunch. We leave the Center at 9:30am.

### SSHS "All Shook Up" Dress Rehearsal: Wednesday March 14th

Get an exciting first look at Saratoga Springs High School's production of "All Shook Up," as they run through their dress rehearsal. Cost is \$2. We leave the Center at 2:30pm.

### Roosevelt Baths: Thursday March 15th

Join us for a day of relaxation at the acclaimed Roosevelt Baths in Saratoga. Relax in the steam room after a nice lounge in one of the infamous baths (individuals must be able to get in and out of deep tubs). Space is limited to 8 so sign-up ASAP! Cost is \$22. We leave the center at 9:30am.

### Norman Rockwell Museum: Tuesday March 20th

Visit an exciting new exhibition at the Norman Rockwell Museum! Gloria Stall Karn's "Pulp Romance Art" collection will be on display and you'll enjoy a docent led talk. Afterwards, we'll be stopping for lunch at the Red Lion Inn. Cost is \$33. Please bring additional money for lunch. We leave the Center at 9:15am.

### HVCC Garden & Flower Show: Friday March 23rd

Get your first taste of spring, with blooming flowers exploding with color. Plants, bulbs, flowers, and seeds will be available for sale, NYS wineries will be there for tastings, and so much more. Following the show, we'll be stopping at Moscatiello's Italian Family Restaurant for lunch. Cost is \$22. Please bring additional money for lunch and shopping. We leave the Center at 9:30am.

### Schenectady County Community College's Casola Dining Room: Monday March 26th

Join us for lunch at SCCC's Casola Dining Room for lunch inspired by La Marche (Central Italy). Flavorful appetizers, entrees, and desserts will all be available, celebrating the traditional tastes of Central Italy. Cost is \$26. Time will be determined based on availability. Please sign-up by March 9th.

## 2018 ONE-DAY BUS TRIPS

### Culinary Institute of America (CIA): Thursday May 10th, 2018, Cost is \$90/Members, \$115/Non-Members

A tour of the famous Culinary Institute of America, followed by set-menu lunch at the CIA's delicious American Bounty restaurant. The day will end with a tour and tasting at the exciting Brotherhood Winery.

### Burlington and Von Trapp House: Thursday July 12th, 2018, Cost is \$45/Members, Non-Members \$70

Spend the morning touring Burlington and eating lunch on your own. Then meet back up with the group for an exciting tour of the Von Trapp house, including a guided history, documentary viewing, and a Q&A with a Von Trapp family member. There will also be an option to do a brewery tour and tasting after the house tour. \$15 due at sign-up.

### New York City Trip: Wednesday December 5th, 2018

We'll get you all down to the city and then you're on your own to explore the big apple! We can assist with getting you tickets and reservations but the day will be yours to do as you please.

## 2018 MULTI-DAY BUS TRIPS (DIAMOND TOURS)

### Niagara Falls (Canadian) & Toronto (5 days 4 nights) \$539 (\$75 deposit due by February 11th, 2018)

June 11-15th (WILL BE CANCELED IF WE DON'T MEET SIGN-UP MINIMUM)

**Trip Highlights:** 8 meals: 4 breakfasts, 4 dinners, guided tours of Niagara Falls & Toronto, a visit to Casa Loma, Niagara on the Lake & Queen Victoria Park, a journey to the Falls on a Hornblower Niagara Cruise, and much more!

### Virginia Beach, Colonial Williamsburg, & Historic Norfolk (7 days- 6 nights) \$815

October 14th-20th (\$75 deposit due by June 16th, 2018)

**Trip highlights:** 10 meals, 6 breakfasts, 4 dinners, the Virginia Beach Boardwalk, guided tour of Colonial Williamsburg, dinner cruise on the Spirit of Norfolk, admission to the Nauticus & Battleship Wisconsin, and more!

## 2018 EXCURSIONS (COLLETTE TOURS)

**Pacific Northwest + California (feat. Washington & Oregon):** July 15th-22nd, 2018 (\$3,459)

**Imperial Cities (feat. Prague, Vienna, & Budapest):** September 3rd-13th, 2018 (\$3,859)

**Spotlight on Rome:** October 4th-10th, 2018 (\$3,499)

**Colors of Morocco:** October 31st-November 10th, 2018 (\$4,159)

**Tropical Costa Rica:** December 1st-9th, 2018 (\$2,899)

\*Informational Presentation: April 25th at 1pm\*

**America's Music Cities (feat. Nashville, Memphis, & New Orleans):** December 7th-14th, 2018 (\$3,199)

**Iceland's Magical Northern Lights:** March 13th-19th, 2019 (\$3,599)



### TRIP SCHOLARSHIP OPPORTUNITIES

We are fortunate enough to have received some funding that will allow us to offer needs-based scholarships to some of our members. These scholarships are designed to offer you a chance to take advantage of some of the very fun trips we plan for our members. Scholarships are based on availability, and some restrictions apply, but if you're interested, please reach out to JoAnn at the front desk (518-584-1621) or Community Connections (518-584-1621 ext. 210).

### TRIP POLICY

Van trips are for members only. One day bus trips are open to anyone regardless of age or residence. There is a non-member price. Multi-day bus trips and excursions are open to anyone regardless of age or residence. Travel arrangements on excursions can be made for someone out of the area. Refunds on all trips will only be issued if your seat has been sold and the van/bus is filled and AFTER the trip has gone.

### VOLUNTEER DRIVER PERKS

Do you like to go on multiple trips, but have a tight budget? Become a volunteer driver! As a driver, you will receive \$10 towards lunch and up to \$25 for admission. Thank you to the Community Foundation for making this possible.