

PLEASE CONSIDER DONATING & SUPPORTING YOUR CENTER.

Demand for our services has skyrocketed due to COVID-19. In just the first 4 months of 2020 we've already served 2,400 seniors. In 2019 we served 2,400 seniors the entire year. Yet nearly every avenue for revenue: programs, classes, trips, special events, dinners, galas have ceased.

BECOME A NEW 2020 MEMBER OR DONATE TODAY!

Membership to the center provides seniors with access to all our programming, including social activities, games, exercise, and classes essential to physical and mental health.

Join or donate a new 2020 membership today!

- \$25 for a senior membership (50+ in age)
- \$50 for 50: give a gift for a 50th birthday and give the gift of membership to a senior in need.
- \$75 Honorary Membership: Includes membership and a donation to the senior center. Limited access. Does not include SPAC ticket purchase. *(any age is applicable)*
- \$150 Presidents Club: Includes membership and a tax-deductible donation to the senior center. Members recognized on the website and invited to an annual cocktail thank you reception, and a DBA card.
- Any monetary donation helps! We are going to continue supporting our Seniors and with your help we will get through this together.

GET YOURS TODAY!

Sponsored by Alfred Z. Solomon Charitable Trust

We are now selling branded merchandise to help support the Senior Center! Purchase your Insulated Wine Tumbler and Koozie Koller and proudly represent your Center. To purchase please call the front desk at 518.584.1621.

A portion of every sale supports the Center

We are now selling branded merchandise to help support the Senior Center! Purchase your Insulated Wine Cup and Koozie Kooler today by calling the front desk at 518.584.1621. Start the summer off ready to take your drinks anywhere!



ADOPT A SENIOR

Senior for Seniors matches seniors in high school and college with seniors from the Center. We hope that it will allow you to form bonds of friendship and mentor-ship across the generations. We believe this will be a great opportunity to learn from those who have experienced the world as you graduate and look towards what's next. Register with Sydney at seniorcenteradvocate@gmail.com or call 518.584.1621 ext. 206.

FRESH PRODUCE IS BACK!

Sponsored by Empire Blue Cross Blue Shield



WEDNESDAYS AT NOON

We are offering Curbside pick-up for produce and bread from 12:00-1:00pm. Please wear masks. Deliveries available by request. Schedule with Sydney on Monday and Tuesday by 3pm. Call 518.584.1621 ext. 206



Music & Mingling Challenges you to



to help keep our senior community safe



Saratoga Senior Center's 65th Anniversary celebration challenge!

Music & Mingling Challenges you to "SIP FOR SENIORS"

Cheers to keeping our senior community safe and help us raise \$65,000 for the 65th anniversary of the Saratoga Senior Center.

Consider having your "sip" in one of our new insulated wine tumblers!

THE CHALLENGE - IT'S EASY TO DO:

1. Video yourself, friends, family "sipping" your favorite beverage - Make it FUN!

Post it to social media and tag "@Saratoga Senior Center" (on Instagram, Facebook) and say you DONATED to "@Saratoga Senior Center".

Tag 1-3 people to do the same. **SPREAD THE WORD.**

2. DONATE HERE

<https://saratogaseniorcenter.org/> and click DONATE in the top right.

**please note your donation is for the "challenge, sip for seniors, or music and mingling" in the notes section.*

JOIN US FOR "RICH ORTIZ" A LIVE FACEBOOK PERFORMANCE

Thursday, May 28th, 8:00pm - 9:00pm.
Our original Music and Mingling event date.

Rich Ortiz's style is truly his own and his music is his soul. Rich plays guitar, harmonica, and peddle bass (with his feet), and he turns heads with his vocals!

Go to "Rich Ortiz's" personal Facebook Page to watch his performance. 100% of all the donations will go directly to the Saratoga Senior Center.

You can donate through the center's website - please mention Music and Mingling / Rich Ortiz event OR Donate through venmo at @RDOMUSI

JUNE IS PROGRAMS MONTH

Join our "New Normal" Virtual Class Offerings

Coming in June, in addition to our current programs, our Skidmore Interns will be offering Beginners Ballet, Virtual Museum tours, and more! In planning for the new normal, zoom classes will be part of our normal programming. Starting June 1st there will be a minimal charge for classes again but with unlimited programs in a month. Scholarships are available. Sign ups will be through "My Active Center" or by calling the front desk. Tutorials for "My Active Center" and ZOOM will be Tuesday, May 26 at 1:30, Thursday, May 28 at 9:30 and Friday, May 29 at 11:00am.

NEW CLASSES FOR JUNE

Skidmore is in the house, well, remote! But they are teaching all NEW creative and fun classes through ZOOM!

- **Virtual Trips:** Wandering Wednesdays: Virtual Trips to Local & National Art Museums followed by a creative art project.
- Writing Through the Decades – briefly recapping a time period as a prompt to creative writing.
- Literatures of the Centuries - poets Shakespeare to Rupi Kaur, literature Dickens to King.
- Beginner Ballet
- Conversational French
- Poetry Writing Workshop--Haiku, Ode, and Beyond
- The Morning Tea/Gossip: like a People magazine. Brief introduction to the celebrity gossip.
- Virtual Arm Chair Travel with Colby from Collette Travel
- "Collage in a Box" - make a collage showcasing your Covid experiences.
- Stretching

Current class offerings:

- | | |
|---------------------|--|
| • Drawing | • Phone Tech Assistance |
| • Meditation | • Brain Corner |
| • Yoga | • Talk Horse Racing with Tom Bellhouse |
| • Ukelele | • Book Club |
| • Strength Training | |

DO YOU NEED HELP?

The Senior Center is here to provide essential services. If you are a senior in need: Call 518.584.1621 ext. 206 .

- | | |
|-------------------------|--|
| • Weekly check in calls | • Free puzzles, games & books |
| • Fresh produce | • Tech assistance with: ZOOM, Facebook, Census, Music apps, My Active Center |
| • Personal care items | |
| • Grocery shopping | |
| • Free Masks | |

CREATIVE WAYS TO SUPPORT YOUR CENTER!

- NEW! We are selling branded materials to benefit the Center: Koozie Kooler for \$30 and Insulated Wine Cup for \$25. Call the front desk to order today!
- Make a monetary donation by calling the center and make a donation by phone, or mail in a check.
- Amazon Smiles - Do you or anyone you know that shops on Amazon? Next time go to smile.amazon.com, select Saratoga Senior Center and a percentage of your purchase will be donated by Amazon!
- Hoffmans Car Wash Tickets - It's that time of year! Keep the mud and salt off of your car by purchasing discounted tickets for \$12.00 online. 50% of the proceeds will go to the Center!
- Clothing Bin - We have blue donation bins in our parking lot. We are paid per pound of clothes donated!
- Membership - We encourage you to be a member or purchase a membership for your parents, aunts, uncles, or neighbors. It's \$25 a year, and with a membership, you instantly get access to our services.
- Volunteer - Looking to give back with your time? Contact us today to learn more about volunteering.

COMING IN JUNE

ED KELLEY CHEF DINNERS - \$10.00

Curbside Pick Up 3:00 - 4:00pm

Longfellows staff and the Senior Center want to cook for you in honor of the countless "fish" dinners Ed prepared for you. Call the Front Desk or sign up via "My Active Center" by the day before by 2pm.

- **Chicken Marsala, Tues., June 2.** Sign up by June 1st
Sponsored by Saratoga National Bank
- **Italian Delight, Tues., June 23.** Sign up by June 22nd
Sponsored by The Eddy

RED CROSS BLOOD DRIVE in Memory of Ed Kelley

Tuesday June 30, 12-6. Watch eblasts for details.

DO WE HAVE YOUR EMAIL?

It is very important that we have your email address especially through the "new normal". Our weekly eblasts are a wealth of information about our classes and what is new.

In efforts to go paperless, we are now sending our monthly newsletter electronically through emails to save costs during Covid -19. If we don't have your email please call the front desk at 518.584.1621.

Thank you CDPHP for sponsoring our Health and Wellness classes.



Thank you Herzog Law for sponsoring our Arts and Crafts classes.



Thank you Blue Cross Blue Shield for sponsoring our Outdoor Activities.



Thank you to our newsletter sponsors for their continued support!



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