MONTHLY CHEF DINNER
Our monthly dinners feature a local restaurant and chef who come to the Center and cook a delicious meal for our members at a fabulous price of only $12/person.
Members only. Must sign up
THIS MONTH’S DINNER FEATURES:
LONGFELLOW’S WITH CHEF ED KELLEY
Tuesday August 21st
Chicken Piccatta, Caesar Salad, Strawberry Shortcake

MONTHLY BREAKFAST
Wed. August 1st, 8:30am, $5
Be sure to join us for a delicious breakfast spread. What better way to kick off your weekend than with a breakfast at the Center!

COLLETTE 2019 EXCURSIONS
INFORMATIONAL SLIDESHOWS
Wed. September 12th 2:30pm
America’s Cowboy County & Magical Rhine and Moselle River Cruise

LUNCHEON CONCERT SERIES
TUES. AUG. 21ST, 12:30
• Free & Open to the Public
• Ben & Jerry’s, 34 Phila St. *Rain Location: Saratoga Senior Center
• Food from Esperanto’s will be for sale at venue.
FEATURING: TAME PACIFIC
Featuring members of the internationally-noted but locally-based Wild Adriatic, Tame Pacific is a rock band from Albany, NY that are known for their classic covers and original live improvisation.
It's Summer!

“Soup”er Social Fridays are now Social “Sundae” Fridays

Ice cream socials are every Friday afternoon and ice cream is $2. *Additional cafe items available upon request. Cafe open from 12:30-1:15pm. Sponsored by Centers Health Care

Fridays are full for the summer!

11AM: FARMERS MARKET
12:30PM: ICE CREAM
1:30PM: MOVIE, PRESENTATION, OR SOCIAL

FARMER'S MARKET
SPONSORED BY CENTERS HEALTH CARE
FRIDAYS, 11AM-1PM

Aug. 3rd: Movie $3/Members, $5/Non-Members
1:30pm: “Finding Your Feet” starring Imelda Staunton, Celia Imrie, & Timothy Spall.
On the eve of retirement, a middle class, judgmental snob discovers her husband has been having an affair with her best friend and is forced into exile with her bohemian sister who lives on an impoverished inner-city council estate.

Aug. 10th: Movie $3/Members, $5/Non-Members
1:30pm: “Darkest Hour” starring Gary Oldman, Kristin Scott Thomas, & Ben Mendelsohn.
In May 1940, the fate of Western Europe hangs on British Prime Minister Winston Churchill, who must decide whether to negotiate with Adolf Hitler, or fight on knowing that it could mean a humiliating defeat for Britain and its empire.

Aug. 24th: Movie $3/Members, $5/Non-Members
1:30pm: Starring Amy Schumar After a head injury, a frustrated, insecure woman wakes up believing she now has the looks of a supermodel. She uses her newfound confidence to reinvigorate her love life and impress her bosses, but everything could fall apart when she realizes she still looks the same.

Aug. 31st: Performance by the Center's own Swinging Singing Seniors
12:30pm: Lead by Center member Dottie Berkowitz, our own Swinging Singing Seniors will be putting on a fun, exciting performance for us. You won't want to miss this!

Saratoga Race Track Tickets -
On occasion we will have 2 Clubhouse seat tickets available for our members to use. The donor will let us know the beginning of the week what days are available. Generally they will be for a Tuesday, Wednesday or Thursday. We will not reserve tickets. Call the front desk at the beginning of the week or daily to see what is available.

Important - the tickets do NOT include admission to the track! Admission is $10 at the gate.

Senior Support Services

Please Call Jane at (518) 584-1621 ext. 206 for more information.

Community Connections

If you need help with transportation, respite, home visits, etc., please call the number above for assistance.

*We also need volunteers for this program.*

Do you have an hour to assist with visiting, transportation, shopping, and more? If so, please contact the number above to learn more about volunteer opportunities.

Alzheimer’s Caregiver Support Group
10:30am-12pm, 3rd Thursday of every month The group is free and open to the public. Sponsored by Home Helpers and the Goldberg Foundation.

Groups

Reminiscing: Wednesdays from 10-11am
Come meet a new friend, enjoy some iced tea and lemonade, and talk about the good ole’ days!

Chit Chat: Mondays from 1-2pm
We’ll chat about new topics every week over some iced tea and lemonade.
August Happenings

SIPPING FOR SENIORS @ BAILEY’S SARATOGA
Monday August 13th 7-11pm

Be sure to join us for a fun, summer night out at Bailey’s Saratoga to raise money for the Saratoga Senior Center. We’ve got jockeys, trainers, owners, and polo players as our guest bartenders! Javier Castellano, Rajiv Maragh, Mark Casse, Michael Maker, Jeremiah Englehart, Bo Landry, Andy Serlong, Georgie Nugent, Mark Hennig, Maggie Morley, Brad Weisbord and more to come!
Come eat, drink, and tip big - all in support of the seniors! ALL tips and 20% of all food and drink sales go directly back to support the Center.

Protecting Social Security and Medicare & Medicaid
by Rep. Paul Tonko
Tues. Aug. 14th, 9:30am

Location: Milne Hall 200
University at Albany Downtown Campus (through the generosity of the School of Social Welfare)

The CD chapter of NYSARA invited you to join them for a celebration of the Social Security Birthday. U.S. Rep Paul Tonko will be giving a frank conversation on Protecting Social Security and Medicare & Medicaid. The main topic of discussion will be learning about the ongoing assault on our nation’s safety net, what it means for you and your family, and what you can do about it.

Van Trip Available: Cost will be $10. We leave the Center at 8:30am.

Monthly Features

Domenico Anyone?
We’re looking to see if anyone is interested in playing Domenico. If you are, please reach out to the front desk and let them know. If we have enough interest, we can start a group!

9 Miles East
Wednesdays 10:55am-11:25am

A convenient local weekly meal delivery service that goes directly back to support the Center.

Reoccurring Events

Legal Assistance
Thurs. Aug. 2nd, 1:30pm
Call Office For the Aging at 884-4100 for an appointment.

Reiki: Fri. Aug. 10th, 1:30-3:45pm (Members Only, $2)
Sign-ups are required so be sure to stop by the front desk.

Join Our Book Club: Tues. Aug. 28th, 3pm
“The Miniaturist” by Jessie Burton

Office For the Aging Lunch Served Daily in our Dining Room
For menu information, please call Janet at (518) 584-1621 ext. 205 or (518) 884-4100 or visit www.saratogacounty.ny.gov

DON’T MISS THE OFA BBQ FRIDAY AUG. 17TH AT THE SENIOR CENTER!
2018 Van Trips  (Money Due at Sign-Up)

The Clark Institute: "Women Artists of 19th Century Paris: Thursday August 2nd
This trip is full but if you’re interested, check out a second trip to The Clark institute on August 14th!

Lake George Youth Theater: "Evita": Friday August 3rd
Enjoy a fantastic production of "Evita" put on by the Lake George Youth Theater. After the show, we’ll be stopping for lunch at the Lone Wolf. Cost is $20.50. Please bring additional money for lunch. We leave the Center at 8:30am.

"Front Page Flo" at the Adirondack Theater Festival: Wednesday August 8th.
In post WWII NYC, the newspaper is king and rambunctious reporter Flo is hungry for her big break. So when a Soviet spy lands in Manhattan, Flo follows the scoop - and discovers more than she bargained for. We’ll also be enjoying an after-show talk. Cost is $25. We leave the Center at 1:15pm.

Silver Foxes at Skidmore: Thursday Aug. 9th
The men’s lunch group is back on this month and ready to head to the Skidmore Dining Hall for lunch. Cost is $2.

Lavenlair Lavender Farm: Wednesday August 15th
Take an exciting trip to Lavenlair Lavender Farm in Whitehall. Take a tour of the farm to see the blooming lavender and browsing through the farm’s full shop of lavender products, including raw lavender pollen honey and lavender infused maple syrup. Cost is $20. Please bring additional money for lunch and shopping. We leave the Center at 9:30am.

Trolley Tour of Saratoga: Tuesday August 21st
Join us for a 2-hour guided trolley tour of beautiful, historic Saratoga Springs. See sights including, the High Rock area, the Saratoga Casino and Harness Track, the Skidmore Campus, beautiful Union Ave., Saratoga Spa State Park, and more! After, we’ll be stopping for lunch at the Embassy Suites Hotel. Cost is $52. Please bring additional money for lunch. We leave the Center at 10:15am.

Summer Luncheon Concert Series featuring Jeff Walton: Thursday August 23rd
Enjoy a fabulous afternoon of wonderful music from Jeff Walton & a 4 course lunch, including choice of Sole Florentine or Chicken Parm. Cost is $49.50. Please bring additional money if you wish to buy any drinks from the cash bar.

Yankee Stadium Game: Thursday August 16
This trip is full but we wanted to remind those attending of the date. Remember to bring money for snack and dinner and to wear good walking shoes!

2018 One-Day Bus Trips

Old Forge Rail & Cruise: September 26, 2018
$70 member/ $95 non member
We’ll take a bus up to beautiful Old Forge to see the hidden beauties of the Adirondacks followed by an afternoon cruise along the Fulton chain of lakes, time on your own for lunch then board the train for a scenic ride through the Adirondacks.

New York City Trip: Wednesday December 5th, 2018
$40/Members, $65/Non-Members
We’ll get you all down to the city and then you’re on your own to explore the big apple! We can assist with reservations at the restaurant of your choice including the Triomphe, Eiffel Tower Dinner, and Seine River Cruise.

Virginia Beach, Colonial Williamsburg, & Historic Norfolk (7 days- 6 nights) $815
October 14th-20th
10 meals included. The Virginia Beach Boardwalk, guided tour of Colonial Williamsburg, dinner cruise on the Spirit of Norfolk, admission to the Nauticus & Battleship Wisconsin, and more! Seats still available!

2018 Multi-Day Bus Trips (Diamond Tours)

Virginia Beach, Colonial Williamsburg, & Historic Norfolk (7 days- 6 nights) $815

2018 Excursions (Collette Tours)

Tropical Costa Rica: December 1st-9th, 2018 ($2,899)
America’s Music Cities (feat. Nashville, Memphis, & New Orleans): December 7th-14th, 2018 ($3,199)

Excursions Coming in 2019! (Collette Tours)

Iceland’s Magical Northern Lights: March 13th-19th, 2019 ($3,599)
Trip Highlights:
- Reykjavic, Northern Lights Cruise, Golden Circle, Thingvellir National Park, Geysir, Gulfoss, Seljalandsfoss, Vik, Skogar Folk Museum, Skogafoss, Jokulsarlon Glacial Lagoon, Skaffafell National Park, Vatnajokull Glacier, and Blue Lagoon.

America’s Cowboy Country: May 26th-June 2nd, 2019 ($3,799)
Trip Highlights:
- National Museum of Wildlife Art, Grand Tetons, Yellowstone National Park, Buffalo Bill Center of the West, Deadwood, Crazy Horse Memorial, Mt. Rushmore, and Badlands National Park.

Discover Switzerland, Austria, & Bavaria: July 25th-August 3rd, 2019 ($3,999)
Trip Highlights:
- Bern, Chateau de Chillon, Montreux, GoldenPass Panoramic Train, Gstaad, Lucerne, Choice on Tour, Innsbruck, Austrian Alps, Salzburg, Mirabell Gardens, St. Peter’s Restaurant, Tyrolean Folklore Show, Bavaria, and Oberammergau.

Magical Rhine and Moselle River Cruise: September 16th-25th, 2019 ($4,799)
Trip Highlights:
- Amsterdam, Cologne, Moselle River, Cochem, Wine Tasting, Koblenz, Rudesheim, Siegfried’s Mechanical Music Museum, Mannheim, Speyer, Strasbourg, and Tütsse.

London & Paris: November 6th-13th, 2019 ($3,499)
Trip Highlights:
- Big Ben, Choices on Tour, Eurostar Train, Paradis Latin Cabaret, Arc de Triomph, Eiffel Tower Dinner, and Seine River Cruise.

Spotlight on San Antonio Holiday: December 5th-9th, 2019 ($2,109)
Trip Highlights:

Volunteer Driver Perks

Do you like to go on multiple trips, but have a tight budget? Become a volunteer driver! As a driver, you will receive $10 towards lunch and up to $25 for admission. Thank you to the Community Foundation for making this possible.

Trip Policy

Van trips are for members only. One day bus trips are open to anyone regardless of age or residence. There is a non-member price. Multi-day bus trips and excursions are open to anyone regardless of age or residence. Travel arrangements on excursions can be made for someone out of the area. Refunds on all trips will only be issued if your seat has been sold and the van/bus is filled and AFTER the trip has gone.

Van trips fill up quickly so sign up early! To secure your seat, check out the trip details and book through the Community Foundation.