FRESH PRODUCE IS BACK!
Sponsored by Empire Blue Cross Blue Shield

The Senior Center is here to provide essential services. If you are a senior in need: Call Phil at 518.584.1621 ext. 206.

YOUR RESPONSE IS IMPORTANT TO YOU, YOUR FAMILY AND YOUR COMMUNITY
In association with the Saratoga County and the Census Bureau, the Saratoga Senior Center is helping to get seniors counted. Our senior population is way undercounted. Low counts affect our community funding for numerous vital services, such as:

• Health clinics, hospitals, fire departments, schools. Even roads and highways. And your Senior Center.
• Census results help determine how billions of dollars in federal funding flow into our communities each year.

THE SARATOGA SENIOR CENTER IS HERE TO HELP YOU BE COUNTED!

ACT NOW! THE SARATOGA SENIOR CENTER CAN HELP YOU!
WAYS TO COMPLETE THE CENSUS:
• Log on to https://2020census.gov and complete it online.
• Call the Saratoga Senior Center at (518) 584-1621 for help and to schedule an appointment here at the Center.
• Call the Saratoga Senior Center at (518) 584-1621 for help and to schedule a phone appointment at the Center.
• Come to our scheduled events. A table will be set up with a staff member to help you complete your census!

IT IS SAFE! IT IS IMPORTANT TO ACT NOW!
The Saratoga Senior Center is very protective of their members and seniors. All your answers are confidential by law. You will not be asked for your social security number, donations or bank/credit card information. The questions that are asked pertain to how many in the household, their statistics - age, date of birth and if you own or rent. Remember all your information is protected by law; it can't be shared with law enforcement or other government agencies.

IMPORTANT DETAILS!
• Have your ID/Pin number the Census sent you
• NO ID or PIN - No Problem! We will use your name.
• NO computer - No Problem! We have them and will fill it in for you.
• NO transportation - No Problem! We will do it by phone!

CREATIVE WAYS TO GIVE TO THE CENTER!
Looking for simple ways to support our seniors? Participate in our #GiveWhereYouLive fundraiser:
• Purchase our branded merchandise - Insulated cups, Koozie Kooler and jute tote bags. Makes great gifts!
• Make a monetary donation through our website, by phone, or mail in a check.
• Amazon Smiles - Do you or anyone you know that shops on Amazon? Next time go to smile.amazon.com, select Senior Citizens Center of Saratoga Springs and a percentage of your purchase will be donated by Amazon!
• Hoffmans Carwash Tickets - It's easy to keep your car clean and shiny with discounted Hoffmans Car Wash Tickets for $12.00. Fifty percent of the sale goes to the Center!
• Clothing Bin - We have blue donation bins in our parking lot for clothing donations. We are paid per pound of clothes!
• Fundraisers - We have many fundraisers that benefit the Center. Watch our eblasts and newsletters.
• Annual Appeal - Look out for your annual appeal letter or make an online donation for the Center!
• Membership - We encourage you to be a member or purchase a membership for your parents, aunts, uncles, or neighbors. Or purchase a $25 membership for a senior in need.
• Volunteer - Looking to give back with your time? Contact us today to learn more about volunteering at the Center.

SENIOR CENTER SWAG!

BE PROUD OF YOUR SENIOR CENTER!
Sport your Senior Center swag around town! Give as a gift to family and friends!
A portion of every sale supports the Center
Sponsored by Alfred Z. Solomon Charitable Trust

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• Weekly check in calls
• Fresh produce
• Grocery shopping
• Face Masks
• Free puzzles & books
• Tech assistance with: ZOOM, Facebook, & The Census

Protocol for Coming to the Center:
• Must wear a mask while at the Center.
• Must sanitize hands upon entering.
• Attend class only, there is no hanging around.
• Please stay home if not feeling well.
• Please expect a full check-in / screening upon arrival.

Saratoga Senior Center
5 Williams Street
Saratoga Springs, NY 12866

Non Profit . .
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Permit No. 120
Thank you to our newsletter sponsors for their continued support!

HEALTH FAIR/MEDICARE EXPO
With Covid Safety Protocols in Place
Tuesday, October 6th. 10:00-12:00pm.
Join us at the Center for our annual Health Fair/Medicare Expo Combo!
Meet one on one with senior focused specialists, healthcare and medicare insurance professionals to learn about the changes in medicare for 2021.

Presentation and Music Schedule:
• 11:00am “HAPPINESS” - How To Stop Others From Controlling Your Happiness on the Lawn (weather permitting)
  Sponsored by Saratoga Life.
  Join Annette Quarrier, Life Coach and learn how we each hold the keys to our own happiness and how we often give our keys away to others. This talk will help bring clarity and peace to your life.
• 12:30 LIVE MUSIC - GARLAND NELSON on the Lawn (weather permitting)
  sponsored by United Health Care
• Siobhan with Cornell Cooperative Extension - Food and Nutrition Program
  • Fresh Produce - Regional Food Bank while supplies last

Health Fair/Medicare Expo Sponsored by:

SARATOGA SENIOR CENTER ANNUAL OPEN HOUSE
With Covid Safety Protocols in Place
Saturday October 24th, 10:00am - 12:00pm
Meet the Senior Center Staff! Learn about all of our senior services and programs we have available. See how the Senior Center has adapted to better serve our seniors during these trying times. Meet with Phil and discover the resources that are available for your parents, grandparents and neighbors. Meet with Lawrence and find out about our safe contactless volunteer opportunities and how you can help the seniors in your community!

Presentation and Music Schedule:
• 10:00am: SILENT WINGS - BIRDS OF PREY on the Lawn (weather permitting)
  sponsored by Herzog Law
  Join Trish Marki for a fun informative presentation about the unique behavior of owls, falcons and other birds of prey, the conservation issues that impact them, and the human impact on species survival. It is a rare and fun opportunity to see these beautiful and graceful birds up close. Bring your camera.
• 12:00 LIVE MUSIC - RICK BOLTON & JACKIE DUGAS on the Lawn (weather permitting)
  sponsored by The Eddy
  Siobhan with Cornell Cooperative Extension
  • Fresh Produce - Regional Food Bank while supplies last

Senior Center Open House Sponsored by:
OCTOBER PROGRAMMING
“Something for Everyone!”
In House, Outside & ZOOM Classes, Music, Presentations, Food and More!
Don’t miss out on our low monthly unlimited program fee. $15 a month while it lasts!
Take advantage of our full October schedule as we take full advantage of our covered outdoor spaces before the snow flies!

NOT A MEMBER? JOIN TODAY!
The Senior Center is offering its Open House Special New Membership rate a little early! $20 for the remainder of 2020. Purchase 2021 membership at $25 and get the remainder of 2020 for $15.

Thank you Blue Shield of Northeastern NY for sponsoring our Outdoor Activities.

Thank you Herzog Law for sponsoring our Arts and Crafts classes.

Thank you CDPHP for sponsoring our Health and Wellness classes.

Thank you Herzog Law for sponsoring our Computers class.

DO YOU KNOW WE HAVE GRANTS TO HELP WITH CLASS FEES?
We have grants, underwriting and scholarships for anyone who needs them. We want all of you to participate. These are designated funds for members to take classes and be socially active, so we encourage you to sign up. Please reserve a seat for in-house classes, as seating will be limited. First sign up for October, pay your monthly fee, or call for a scholarship.
Then call the front desk to reserve your seat in the in-house classes.

Book Club - “O Pioneer!” by Willa Cather.
Tuesday, October 27th, 3pm. At the Center
A tale of the prairie land encountered by America’s Swedish, Czech, Bohemian, and French immigrants, as well as a story of how the land challenged them, changed them, and, in some cases, defeated them.

Senior Computers in the Library are Open
Monday, Wednesday & Friday 10-2.
must make an appointment. Please call the front desk.

Flu Shots
We are scheduling flu shots for the fall. Watch the eblasts for details. Must make an appointment. Please call the front desk. Monday, Wednesday & Friday 10-2.

October 27th, 3pm. At the Center

Thank you for Your Support!
Thank you to Jeff Bishof, Tim Wechselfeier, Bonnie Greco, for bringing music to the Senior Center.
Thank you to CDPHP for the free lunches for seniors.
Thank you to Anne Conte for bringing us happiness.
Thank you to Clear Captions for our presentations and lunch.
Thank you to all our amazing volunteers and sponsors.
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Apple Phone/Ipad Tech with Steve via Zoom
First Friday of month. 9-10am.

“Preserving Past and Present, for the Future”
LEGACIES OF LIFE - Telling Your Story
First Friday of month. 9-10am.

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