

Saratoga Senior Center
5 Williams Street
Saratoga Springs, NY 12866

Non Profit,
U.S. POSTAGE PAID
Permit No. 120

Saratoga Senior Center
NEWSLETTER

SEPTEMBER 2020
3RD MAILING



THE SARATOGA SENIOR CENTER IS HERE TO HELP YOU BE COUNTED!

HAVE YOU BEEN COUNTED?

ACT NOW! THE SARATOGA SENIOR CENTER CAN HELP YOU!

WAYS TO COMPLETE THE CENSUS:

- Log on to <https://2020census.gov> and complete it online.
- Call the Saratoga Senior Center at (518) 584-1621 for help and to schedule an appointment here at the Center.
- Call the Saratoga Senior Center at (518) 584-1621 for help and to schedule a phone appointment at the Center.
- Come to our scheduled events. A table will be set up with a staff member to help you complete your census!

IT IS SAFE! IT IS IMPORTANT TO ACT NOW!

The Saratoga Senior Center is very protective of their members and seniors. All your answers are confidential by law. You will not be asked for your social security number, donations or bank/credit card information. The questions that are asked pertain to how many in the household, their statistics - age, date of birth and if you own or rent. Remember all your information is protected by law; it can't be shared with law enforcement or other government agencies.

YOUR RESPONSE IS IMPORTANT TO YOU, YOUR FAMILY AND YOUR COMMUNITY

In association with the Saratoga County and the Census Bureau, the Saratoga Senior Center is helping to get seniors counted. Our senior population is way undercounted. Low counts affect our community funding for numerous vital services, such as:

- Health clinics, hospitals, fire departments, schools. Even roads and highways. And your Senior Center.
- Census results help determine how billions of dollars in federal funding flow into our communities each year.

IMPORTANT DETAILS!

- Have your ID/Pin number the Census sent you
- NO ID or PIN - No Problem! We will use your name.
- NO computer - No Problem! We have them and will fill it in for you.
- NO transportation - No Problem! We will do it by phone!



SENIOR CENTER SWAG!

We are now selling branded merchandise to help support the Saratoga Senior Center! Purchase your Jute Tote Bag, Insulated Wine Cup, and Koozie Kooler today by calling the front desk at 518.584.1621 or buy online for curbside pick-up!



**BE PROUD OF
YOUR SENIOR CENTER!**

Sport your Senior Center swag around town!
Give as a gift to family and friends!

A portion of every sale supports the Center
Sponsored by Alfred Z. Solomon Charitable Trust

Creative Ways to Give to the Center!

Looking for simple ways to support our seniors? Participate in our #GiveWhereYouLive fundraiser:

- Purchase our branded merchandise- Insulated cups, Koozie Kooler and jute tote bags. Makes great gifts!
- Make a monetary donation through our website, by phone, or mail in a check.
- Amazon Smiles - Do you or anyone you know that shops on Amazon? Next time go to smile.amazon.com, select Senior Citizens Center of Saratoga Springs and a percentage of your purchase will be donated by Amazon!
- Home Carwash Tickets - It's easy to keep your car clean and shiny with discounted Home Car Wash Tickets for \$12.00. Fifty percent of the sale goes to the Center!
- Clothing Bin - We have blue donation bins in our parking lot for clothing donations. We are paid per pound of clothes!
- Fundraisers - We have many fundraisers that benefit the Center. Watch our eblasts and newsletters.
- Annual Appeal - Look out for your annual appeal letter or make an online donation for the Center!
- Membership - We encourage you to be a member or purchase a membership for your parents, aunts, uncles, or neighbors. Or purchase a \$25 membership for a senior in need.
- Volunteer - Looking to give back with your time? Contact us today to learn more about volunteering at the Center.



WE ARE HERE TO HELP YOU

The Senior Center is here to provide essential services. If you are a senior in need: Call Phil at 518.584.1621 ext. 206.

- Weekly check in calls
- Fresh produce
- Grocery shopping
- Face Masks
- Free puzzles & books
- Tech assistance with: ZOOM, Facebook, & eCensus

Protocol for Coming to the Center:

- Must wear a mask while at the Center.
- Must sanitize hands upon entering
- Attend class only, there is no hanging around.
- Please stay home if not feeling well.
- Please expect a full check-in / screening upon arrival.



SARATOGA SENIOR CENTER



5 Williams St, Saratoga Springs, NY • (518) 584-1621 • saratogaseniorcenter.org

SAVE THE DATES! COMING IN OCTOBER
BOTH EVENTS WILL BE HELD OUTSIDE, WEATHER PERMITTING



HEALTH FAIR/MEDICARE EXPO
With Covid Safety Protocols in Place



Tuesday, October 6th. 10:00-12:00pm.

Join us at the Center for our annual Health Fair/Medicare Expo Combo!
 Meet one on one with senior focused specialists, healthcare and medicare insurance professionals to learn about the changes in medicare for 2021.

Presentation and Music Schedule

- 11:00am **"HAPPINESS" - How To Stop Others From Controlling Your Happiness on the Lawn** (weather permitting)
Sponsored by Saratoga Life.

Join Annette Quarrier, Life Coach and learn how we each hold the keys to our own happiness and how we often give our keys away to others. Her talk will help bring clarity and peace to your life.

- 12:30 **LIVE MUSIC - GARLAND NELSON on the Lawn** (weather permitting)
sponsored by United Health Care
- Siobhan with Cornell Cooperative Extension - Food and Nutrition Program
 - Fresh Produce - Regional Food Bank while supplies last

Health Fair/Medicare Expo Sponsored by:



**Social Distancing
 Protocols Followed**



SARATOGA SENIOR CENTER ANNUAL OPEN HOUSE
With Covid Safety Protocols in Place
Saturday October 24th, 10:00am - 12:00pm



Meet the Senior Center Staff! Learn about all of our senior services and programs we have available. See how the Senior Center has adapted to better serve our seniors during these trying times. Meet with Phil and discover the resources that are available for your parents, grandparents and neighbors. Meet with Lawrence and find out about our safe contactless volunteer opportunities and how you can help the seniors in your community!

Presentation and Music Schedule:

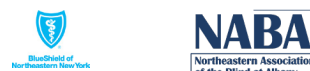
- 10:00am: **SILENT WINGS - BIRDS OF PREY on the Lawn** (weather permitting)
sponsored by Herzog Law

Join Trish Marki for a fun informative presentation about the unique behavior of owls, falcons and other birds of prey, the conservation issues that impact them, and the human impact on species survival. It is a rare and fun opportunity to see these beautiful and graceful birds up close. Bring your camera.

- 12:00 **LIVE MUSIC - RICK BOLTON & JACKIE DUGAS on the Lawn** (weather permitting)
sponsored by Eddy

- Siobhan with Cornell Cooperative Extension
- Fresh Produce - Regional Food Bank while supplies last

Senior Center Open House Sponsored by:



**Membership
 Specials!**

All Ages Welcome!

**Social Distancing
 Protocols Followed**

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SL

Saratoga Life
 Ask me about
MEDICARE!

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